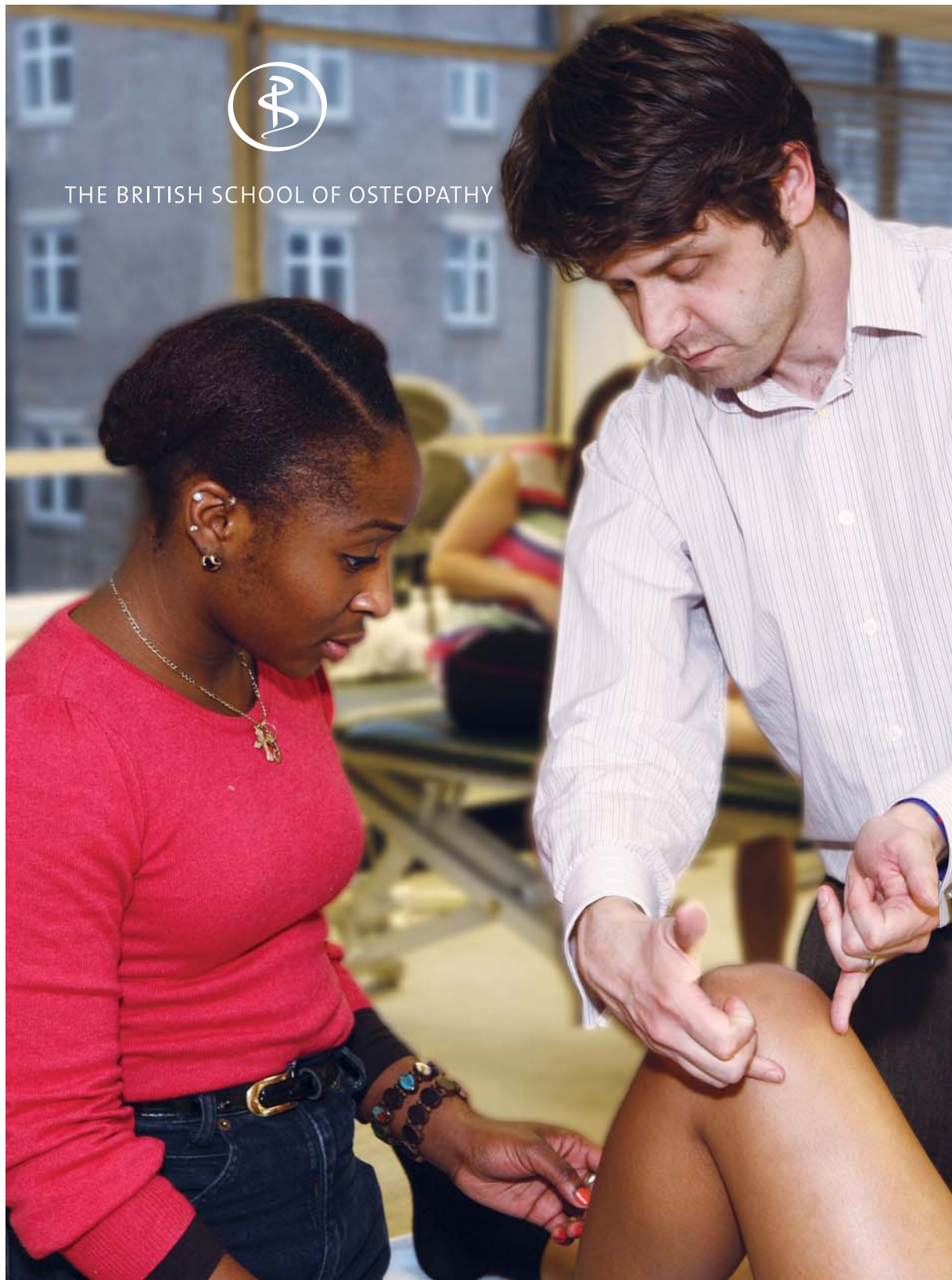




THE BRITISH SCHOOL OF OSTEOPATHY



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The British School of Osteopathy is Europe's oldest and largest school of osteopathy. Since opening in 1917, we have been at the forefront of osteopathic education and research, fostering leading figures within the profession.

Our pre-registration courses are focused on providing the best levels of patient care, incorporating:

- Comprehensive anatomical and physiological education
- Extensive clinical practice and technique development
- Specialist osteopathic interests
- Tuition from expert practitioners
- Placements in community clinic settings – such as in a drop in centre for the homeless, an NHS GP surgery, the Royal Free Hospital and Darwin Court, a centre for older people
- Active intellectual environment with regular talks, debates and visiting lecturers
- Accreditation from the General Osteopathic Council

International links

We advance osteopathic education around the world by working with others. As well as providing consultancy and advice to institutions developing osteopathic qualifications, we partner with peer institutions internationally to share good practice and allow exchange of students and staff.

We have formal agreements about these partnerships in place with the Nordic Academy of Osteopathy in Oslo, Kirksville College of Osteopathic Medicine in Missouri, Chicago College of Osteopathic Medicine in Illinois and the Escuela Española de Formación Osteopática in Valencia, as well as the Anglo-European College of Chiropractic (AECC) in Bournemouth.

The BSO established the International Osteopathic Education Conference, held biennially to share knowledge, skills and experience relating to the education of osteopaths. BSO students have the opportunity to present and network with leading osteopaths from around the world.

Professional Development

The BSO is committed to your professional development after graduation. We have a well-established portfolio of courses covering subjects relevant to qualified osteopaths who wish to extend their skills or specialise in a particular area, including: cranial osteopathy, ergonomics, nutrition, paediatric osteopathy, pilates, spinal manipulation and obstetrics.

"I currently work at two clinics in Buckinghamshire and Hertfordshire – both are multi-disciplinary practices encompassing osteopathy, podiatry, nutrition, Alexander technique and counselling. I found these jobs whilst I was still in the 4th year and was able to start working as soon as I received my exam results and registered with the GOsC. All the osteopaths I work with were BSO trained."

Charlotte Mead, BSO graduate



TEACHING EXCELLENCE

The BSO's reputation attracts high profile teaching staff from across the UK and Europe. We select staff who are actively contributing to osteopathy either in research or in practice, allowing our students to receive the most up-to-date and relevant osteopathic education.

Current faculty includes:

- Paul Blanchard who specialises in peripheral neuropathy in HIV and teaches in our clinic for patients with HIV as well as the general clinic
- Fiona Hendry who lectures on the neuromuscular skeletal system (NMS) and works on the post-graduate academic and clinical education course
- Dr Stephen Sandler who lectures on obstetrics and osteopathy following his doctoral study of the effects of menstrual hormones on female injuries
- Professor Stephen Tyreman, whose PhD dissertation focused on 'The Concept of Function in Osteopathy', leads our Professional Doctorate qualification and teaches functional technique
- Dr Jorge Esteves, who achieved his doctoral status in 2011 with a dissertation looking at the development of diagnostic palpatory expertise in osteopathic medicine, leads our student research team and manages postgraduate delivery
- Bob Burge, who has been in practice since 1964 and who has brought his extensive experience to students within the BSO clinic since 1965
- Steve Vogel, our Vice Principal responsible for research and quality, who won the Complementary and Alternative Medicine (CAM) magazine's award for outstanding contribution to the community for his clinical and research work

A personal approach

Classes at the BSO are small, with typical technique classes comprising of around 1 tutor per 10 students. Throughout your time at the BSO, you will get to know your tutors and fellow students and develop your own learning style.

Aside from core course material, you will also have the opportunity to take elective modules and conduct your own research projects.



CLINICAL FOCUS

Our courses are geared towards professional practice and besides attending lectures and seminars, you will spend much of your time in clinical training. Initially, you will practice on each other and observe expert practitioners in action. Senior students have the opportunity to gain practical experience through working in our state-of-the-art clinic.

Europe's largest and busiest osteopathy clinic

Situated less than five minutes from the teaching centre, the General Clinic treats around 900 patients every week, attracting a diverse range of people from the local community and beyond.

You will have the opportunity to work with patients from all walks of life and gain a comprehensive portfolio of treatment techniques before graduation.

Specialist patient groups

Uniquely, BSO students have the opportunity to be placed within one of our award-winning range of onsite or community-based specialist clinics, working with patients with specific osteopathic needs including patients with HIV, expectant mothers, people who are homeless, children and older people.

Experienced clinical faculty

Four teams of clinic tutors, involving sixty different practitioners across the week, work with students to support their clinical learning. This range of experience and diversity – of practice and of clinical teaching – is second to none.

"The external clinics offer treatment to those who might otherwise not be able to afford it or reach it, and both types of clinic offer us experiences that we could not replicate in any other way. For the patients, an appointment offers improved function, sometimes comfort, sometimes renewed confidence or positivity, sometimes the opportunity to really talk about their problems."

Jennifer Sparks, BSO student



WORLD CLASS RESOURCES

Students at the BSO benefit from unrivalled learning resources, from the traditional to the cutting edge.

Europe's Largest Osteopathic Library

Located at our Teaching Centre on Borough High Street, the Library is an invaluable learning resource. As well as a plentiful supply of key texts, the library houses an extensive collection of special interest books, leading osteopathic and related medical journals and anatomical aids such as X-ray slides, specimens and models. All material is catalogued electronically and is easily located using our computerised search facility,

However, if you still can't find what you're looking for, our helpful and knowledgeable librarians can arrange inter-library loans from other collections such as the British Library and BMA library.

Our library consistently achieves outstanding satisfaction scores of over 95% on the National Student Survey.

Visual learning

Becoming an osteopath requires more than theoretical learning and perfecting your technical skills is a key aim of our course. Our multimedia technicians film individual technique practise sessions, allowing students the opportunity to analyse their own work with tutors or peers. We also have footage of practising experts in action available in our video library.

Limitless learning

Log in to our interactive online learning environment, 'BONE', and you will be able to download lecture notes, learning resource packages and workbooks.

Furthermore, our online conference and chat room facilities will allow you to discuss topics of interest with tutors and fellow students.



RESEARCH

Osteopathy is a continually developing discipline and aside from our teaching, we are greatly involved in osteopathic research. Our research centre is responsible for several projects, including the UK's largest ever osteopathic study, the Clinical Risk Osteopathy and Management (CROaM) project.

How this benefits you?

By learning from leading researchers, our students graduate with the advantage of having the most current osteopathic knowledge to apply to practice. Other benefits include:

- Tutors who are leaders in their field
- Opportunities to pursue your own research interests
- Access to specialist knowledge

Key research areas

Our research staff have varied interests. Our research priorities include:

- Management of patients with low back pain
- Researching process and outcomes in osteopathic education
- Outcome and meaning of osteopathy for specific patient groups, for example the elderly and people with HIV/AIDS
- Outcome of osteopathic treatment for specific conditions for example headaches and asthma
- The role of rehabilitation and exercise in osteopathic management
- Investigating spinal shape variation and its relationship to low back pain
- The philosophical and conceptual basis of osteopathic healthcare

"Now that I am registered I am having the most wonderful time working in a practice with several osteopaths all with different specialities and interests. The conversation and debates we have had are inspiring. To continue learning and to keep the passion, that should be the ultimate goal of any osteopath."

Nancy Monk, BSO graduate



LIFE IN LONDON

Student life at the BSO combines the friendliness and lively atmosphere of a specialist college with the freedom and variety that comes with living in central London.

Life in London

Our students have a diverse range of interests and in addition to their studies, enjoy an active and varied social life. They debate with the osteopathic discussion society, Manus Sinistra, they meditate at yoga and learn martial arts at our stick fighting classes! Whatever your hobbies and interests, it is likely that you will find like-minded people at the BSO.

The teaching centre in Borough has a number of facilities available for students including:

- Bar and chill out area
- Space for sports, yoga and pilates
- Rooms for film nights, music practice and more

Out and about

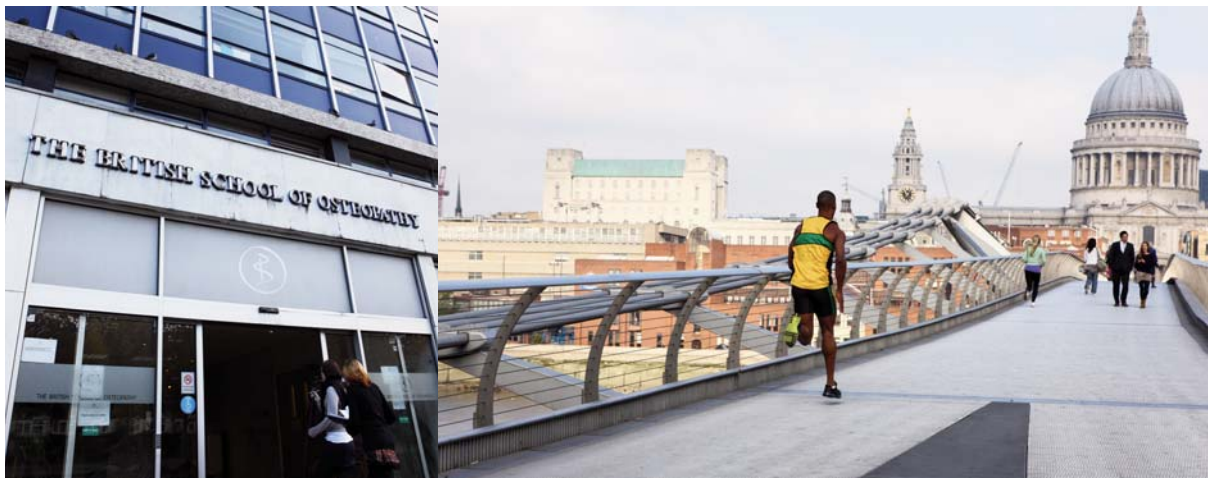
We are based in Central London in one of the capital's most exciting districts; Borough. Located just south of the new Shard skyscraper and the beautiful South Bank of the River Thames, Borough has a unique atmosphere that combines the old with the new and the lively with the tranquil.

From the famous farmers' and artisan foods market, to traditional greasy spoon cafes to international cuisine, there are no shortages of places to eat. We are also spoilt for choice when it comes to watering holes, with a plethora of old school British pubs, wine bars and live music venues.

Borough is within walking distance of landmark attractions such as Shakespeare's Globe, the South Bank Centre and the Tate Modern. Just over the river, is the City of London, St Paul's and easy access to Shoreditch and Soho.

"The SU life is simply great. Students work very hard to make the experience of studying at BSO not only academic but full of excitement with events and talks taking place throughout the year."

Zarmeena Gull, BSO student



AN EXCITING FUTURE AWAITS YOU AT THE BRITISH SCHOOL OF OSTEOPATHY



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Contact Us

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London SE1 1JE
www.bso.ac.uk

Student Admissions Department

Our student admissions team can
be contacted at: admissions@bso.ac.uk
Tel: +44 (0)20 7089 5316

We hold regular open days where you can find out more about all aspects of studying at the BSO. Please check our website for forthcoming dates or call us for more information. Our website has a lot more information about our courses than we can fit into this brochure – including a Frequently Asked Questions (FAQ) page and information about student support.

General enquiries

Email: info@bso.ac.uk
Tel: +44 (0) 20 7407 0222

For more information about the University of Bedfordshire

www.beds.ac.uk

The British School of Osteopathy (BSO) is a registered charity (no. 312873) which educates osteopaths, treats patients and promotes research.